



DIPLOMA

in

Active Isolated Stretching/Active Isolated Strengthening

This is to Certify that

Garry Nimmo

Has satisfactorily completed the course of study into the principles and practice of Active Isolated Stretching/Active Isolated Strengthening which includes 112 hours of Theory and Practice, clinical application and observation, successfully achieving the standards required by the 'Academy for Aaron Mattes Therapies'.

Garry Nimmo.

Authorized by:

Principle of Academy for Aaron Mattes Therapies

Aaron L. Mattes

Authorized by:

Founder, Developer of Active Isolated Stretching

Date of Award:
March 3rd 2014

